

Acetaminophen

(A – seat – a – min – oh - fen)

Acetaminophen is used to relieve mild to moderate pain. It also reduces fever. It is found in many cold and flu remedies and allergy medicines.

A common name for Acetaminophen is Tylenol.

- Regular Tylenol contains 325 mg of Acetaminophen per pill.
- Extra Strength Tylenol contains 500 mg of Acetaminophen per pill.

Many pain medications contain Acetaminophen such as Oxycocet, Percocet, Endocet, Tramacet and Tylenol #1, #2, #3 and #4. These medications often have 325 mg of Acetaminophen per tablet.

Never take more than 3,250 mg Acetaminophen a day. This is 10 tablets of regular Tylenol. Taking more than this can cause liver problems.

Reminders:

- Do not mix alcohol with Acetaminophen or any pain medications.
- Do not take more than the recommended dose as directed on the package.
- Talk with your pharmacist before taking any cold and flu medications.
- Eat a healthy diet and drink plenty of fluids.

Call your family doctor if you notice:

- breathing problems
- fainting
- unusual bruising
- yellowing of your skin or eyes
- severe constipation
- you cannot pass urine
- urine is tea coloured
- black tar like stools
- clay pale coloured stools

**Contact your pharmacist if you have
any questions about your medication.**